



What Is My Child Learning?

Your child is learning that you need to use your eyes, ears, and brain when you focus attention on something. Your child is also learning how to make an “attent-o-scope” to help focus attention.

Why Is This Important?

Being able to focus attention helps children be better learners. It helps them ignore distractions and focus on what is important in class.

Ask your child: Can you show me how to make and use an attent-o-scope?
(Follow your child’s directions.)

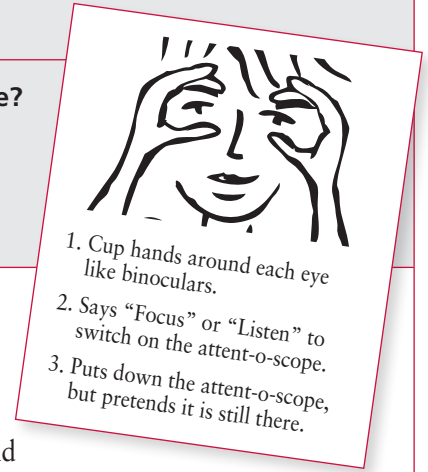
What words do you use to turn on your attent-o-scope?
Possible answers: Focus, listen, pay attention, look carefully.

Practice at Home

Before giving important information, let your child know that you really need his or her focused attention. Suggest that your child use the attent-o-scope.

For example:

This is important. You may need your attent-o-scope. Pause for your child to focus. **I am working this afternoon, so Aunt Janet will pick you up from school today.**



Activity

Have your child choose something in the room for you both to focus on with your attent-o-scopes. Fill in your child’s answers to the following questions.

What are we focusing on?

What are three things you notice about what we are focusing on?

1. _____

2. _____

3. _____

Option: Have your child draw the object you focused on in the box to the right.



_____	_____	_____
(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)