

# My Journey Home Family Connection

Your child will listen to and learn from a book called *My Five Senses*. This book tells about the senses of sight, hearing, smell, taste, and touch.

DAY  
1

**A Is for Apple** Help your child practice the letter **a** and the sound it has in the word *apple*. Draw a large apple on paper. With your child, take turns naming words that have the short **a** sound you hear in *apple*. Each time someone names a word, that person writes the letter **a** on the apple. Fill the apple with **a**'s. To help your child with ideas, look through a picture dictionary.

**Tip!**

The letter *a* has the short *a* sound in the words *ant*, *cat*, and *van*.

DAY  
2

**In Focus** Help your child make a homemade “telescope” with a paper towel tube or a pair of “binoculars” with two bath tissue tubes glued together. Take turns using the “telescope” or “binoculars” to look at things in your home, saying, “I see \_\_\_\_\_.”

**CHALLENGE**

Have your child choose a few of the sentences to write, beginning with *I see*.

DAY  
3

**What a Dish!** You and your child each draw a picture of your favorite food. Talk about how the two foods are the same. Then talk about how they are different. Use words to describe how the food looks, tastes, smells, and feels.

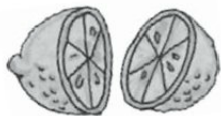
**How Does It Taste?** Read the article below to your child. Talk together about foods you each like and how they taste.

### Your Sense of Taste

Your tongue lets you taste flavors. Some flavors are *sweet*, *sour*, *bitter*, and *salty*.

Sugar and honey taste sweet. A lemon tastes sour. A grapefruit tastes bitter. Pretzels and crackers taste salty.

When you eat, think about how each food tastes. Is it sweet, sour, bitter, or salty? Which flavor do you like best?



**Out and About** Take a “sight walk,” where you and your child name as many things as you can see with your eyes. Try taking “hearing” and “smelling” walks, too!



### Book Links

- *I Went Walking*, by Sue Williams
- *Red Red Red*, by Valeri Gorbachev **CHALLENGE**



**Internet Challenge** With your child, look at library books or search the Internet to learn more about the five senses. Together, write one fact you learned about the senses.