

My Journey Home Family Connection

Your child will listen to and explore a book called *Sheep Take a Hike*. This story tells about all the things that happen to sheep that go on a hike.

DAY
1

Go for It Your child is learning to read the words *go* and *for*. Make a "Go For" list with your child. List some activities you can do together as a family, such as go for a hike, go for a bike ride, go for a walk, go for a swim, go for a picnic. Your child can write the words *go* and *for* in each item on the list. Choose things from the list to do together.

DAY
2

On the Map Use a local map to find some interesting places you and your child can explore, such as a park, a beach, a library, or a museum. If possible, plan a visit. Map a route together before you go.

Tip!

Help your child learn map symbols, such as hiking, swimming, dogs allowed, parking.

DAY
3

D Is for Discovery You and your child can look for things inside and outside whose names begin with the letter *d*, such as *door*, *dish*, *dandelion*, *dollar*. Set a goal, such as finding ten things. Have your child keep a tally by writing the letter *d* each time you find an object.

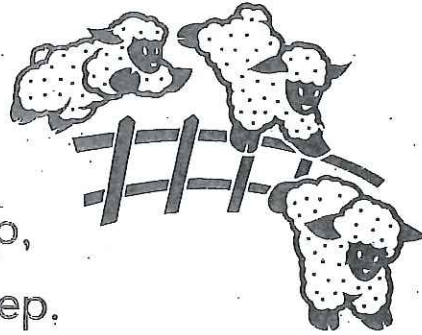
CHALLENGE

Go for bonus points by finding five more things.

Sleepless Nights Read the poem below to your child.

Ask: Do you think counting sheep is a good way to help yourself go to sleep? What else can you do?

Counting Sheep



When at night I cannot sleep,

I lie awake just counting sheep.

One, two, three, . . . four, five, six,

Sheep jump over a fence of sticks.

Seven, eight, . . . nine, ten, eleven,

I'm ready for twelve, but then . . .

That is when I start to snore,

And I'm not counting anymore!

Cause and Effect Talk with your child about some causes for being tired (staying up too late, working hard, doing physical jobs) and some of the effects (feeling sleepy, yawning, rubbing eyes).



Book Links

- *Where Is the Green Sheep?*, by Mem Fox and Judy Horacek
- *Sheep in a Jeep*, by Nancy E. Shaw **CHALLENGE**



Internet Challenge Go to the library or search the Internet with your child to find out facts about sheep. Help your child write a sentence about what you learned together.