

# My Journey Home Family Connection

This week your child is reading an informational text titled *From Caterpillar to Butterfly*. It describes the life cycle of a butterfly.

DAY  
1

**Act It Out** Have fun with your child acting out the life cycle of a butterfly. Curl up like a tiny egg, crawl around munching leaves, hide under a blanket chrysalis, and then flutter your wings as a beautiful butterfly.

**CHALLENGE**

Use the Internet or look at a book to research the life cycle of frogs. Both animals start as eggs, but they have very different life cycles!

DAY  
2

**Vocabulary on the Go** Go on a scavenger hunt. At the top of an index card write: *Find this!* Beneath the words, draw a picture of a favorite toy or a place in the house. Read the card with your child. Then, challenge your child to find the object in the picture. See how many objects your child can find in five minutes.

**CHALLENGE**

Instead of picture clues, substitute simple words such as *cat, pen, or bed* for your child to find.

DAY  
3

**Symmetry** Teach your child that *symmetry* means that a design is the same on one side of a line as on the other. Fold a piece of paper in half. Draw half of a butterfly's body on one side of the line. Allow your child to paint a design. Then, show your child how to fold the paper on the line and gently rub the back. When you open the paper, show your child how both sides are symmetrical.

**TIP!**

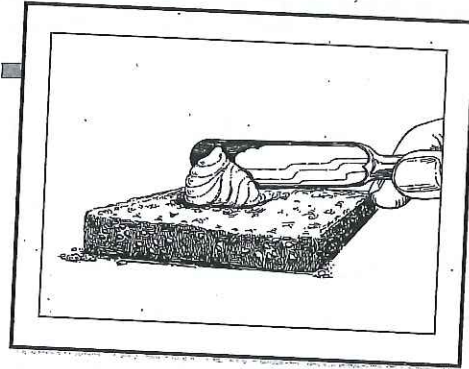
If you do not have paint, you can draw an entire butterfly and help your child color both sides the same.

**Butterfly Snack** With your child, read and discuss this recipe.  
You may even want to make the treat!

## Butterfly Snack

### What You Need

celery stick  
slice of bread  
cream cheese



### Directions

1. Place a celery stick on a plate.
2. Spread cream cheese on a slice of bread.  
Cut the bread into four triangles.
3. Arrange the four triangles to make wings.

**Butterfly Life Cycle** Divide a paper plate into four triangles. Label them: *egg*, *caterpillar*, *chrysalis*, and *butterfly*. Show your child a grain of rice, a spiral noodle, a shell noodle, and a bowtie noodle. Allow him or her to glue a piece of pasta on each triangle to represent each stage.



### Book Links

- *The Very Hungry Caterpillar*, by Eric Carle
- *The Caterpillar and the Pollywog*, by Jack Kent **CHALLENGE**



**Internet Challenge** You can do a search for "caterpillar spin chrysalis video" or "butterfly hatch video" to watch butterflies in action!